BALIK PULAU



Surrounded by scenic landscape, Balik Pulau is a township at the southwest of Penang island. Its name in Bahasa Malaysia translates to "the other side of the island" which reflects its geographical position on the island.

With numerous natural attractions such as farms, orchards and paddy fields dotted throughout Balik Pulau, picturesque views are plenty. The one and only Balik ulau Roundabout is a must-see andmark as it is small in size yet big in history. Built in 1882 to mmemorate the visit of Sir rederick Weld (Governor of Melaka), this is where three main roads converge





Another prominent landmark is the Church of the Holy Name of Jesus. Built in 1854, it is one of the oldest churches in Penang. Over the years, this Roman Catholic church underwent a series of renovations comprising the nave, sanctuary, two wings, stained-glass windows, bell tower and tenor bell. Today, it has a splendid architectural design.

Balik Pulau Market is a must-visit spot where there are food stalls as well as a wet market and dry goods section. Breakfast delicacies, fresh fruits, preserved fruits, meat and sundry goods are readily available here. Among the most sought after products are nutmegs, cloves, fish crackers, juice and coconut. Meanwhile, the food court serves local favourites such as assam laksa, char koay teow, pasembur and wan tan mee.

These attractions combined with the colonial era buildings, traditional fishing villages and Malay houses contribute to the rich historical charm of this quaint township. The emergence of modern developments can be seen with more coming up in the future. As such, Balik Pulau gives visitors a taste of old school Penang charm without compromising a slower and more relaxing pace of life

LEISURE & PLEASURE

Enjoy a laidback walk or ride along the tree-lined roads and pathways. It's the perfect place to relax your mind as you breathe in crisp fresh air and take in the awe-inspiring views. With so much to see and discover, Balik Pulau is an ideal getaway for nature sightseeing and outdoor activities.



Balik Kampung at Balik Pulau provides bicycle rentals which allow you to experience rural life such as paddy fields, river estuaries and mangroves as well as watching fishing boats and villagers planting vegetables. Most importantly, you can witness the gorgeous sunset at Pantai Malindo. All these can be experienced within a 4km trail (to and fro). Bicycle rental costs RM10 while a tour guide is available for RM50 per group. Visitors touring on bicycles are recommended to leave RM5 (20 minutes) and RM8 (20 at 8am or 6pm for the sunset view. minutes) for adult-sized boats.



A favourite among children of all ages, pedal boats can be rented at

Hungry for local variety? Treat

yourself to some Hakka Chinese

ragrant, they usually contain

stewed, braised or roast meats

and preserved vegetables. Some

f the must-try dishes are yong

u foo (tofu filled with meat or

vegetables), yam abacus, Hakka

noodles and braised pork belly.

od! Characterised as salty and



Embark on a wonderful vacation with a dash of fun in the sun at the picturesque beaches! As you relax your mind and body at Pantai Pasir Panjang, you can soak up the sweeping views of the long stretch of golden sand leading to the vast expanse of the sea.

Want to get an upclose view and feel of a traditional and rustic Malay village? Book a room at Home Stay Jalan Bharu! You can live with a local family who will gladly show you around various attractions namely durian farms, paddy fields and beaches.



Interested to learn more about Malay culture? Savour lots of Malay food at dinner with the host family and even play popular traditional Malay games such as congkak and gasing. Furthermore, you can also gain first-hand experience of Malay weddings by attending one or the family will create a Malay wedding ceremony specially for you!



Embrace an authentic Malay village lifestyle at Home Stay Jalan Bharu. Ideal for outdoor enthusiasts, it offers a multitude of activities ranging from mountain bike riding on three trails to visiting fisherman villages and houses reflecting the 19th century of Penang. You can unwind at the end of the day with a traditional massage and herbal steam bath.



SPECTACULAR SPECIALTIES



Interested in Balik Pulau's unique specialties? Discover them all as you make your way around here. With agriculture playing a significant role in the town's economy, Balik Pulau's specialties are largely derived from fresh

produce that are available at a myriad of well-frequented places.

If you love eating durians, don't pass up the opportunity to visit Bao Sheng Durian Farm. More than just an orchard, it offers accommodation options for an unforgettable durian experience. During your stay, you will be among the first to taste the special flavour of the newly dropped durians. Durian season starts from May to July. Call to confirm and reserve



Chop Kim Hoa Belacan Factory is a third-generation family business which makes shrimp paste from krill to block. The company takes six to twelve months to complete the entire process in order to ensure high quality in terms of taste, scent and colour.



Nuts about nutmeg? Head over to Ghee Hup Nutmeg Factory! You can find many products at its store such as pickled nutmeg, candied nutmeg, jam, concentrated juice, nutmeg balm and so much more. This educational factory also gives you the opportunity to learn about the nutmeg-making process as well as the nutritional value and uses of nutmeg.





Rice is not just food; it is a key ingredient used to make a traditional beauty product known as cooling face powder (bedak sejuk). It is believed to help remove skin blemishes, improve the appearance of skin and relieve tchiness. At Lean Seng Cooling Face Powder, you can buy quality face powder and get a hands-on experience of making this product. Requiring only rice and water, the process takes up to a month for proper fermentation, grinding, filtering and drying.



DELICIOUS & DIVERSE FLAVOURS





that serve the best laksa. Want a light snack? Try the black sugar buns in Balik Pulau!

With freshly grown fruits, vegetables and spices widely available year-round, Balik Pulau as the food capital of Malaysia. These produce enhance the delightful taste of popular in the mood for some local favourites or delicious seafood,

laksa! This famous Penang noodle soup delivers an irresistible mix of sweet, sour and spicy flavours that vill make you come back for more. Soft and chewy, the flavourful laksa is complemented by savoury broth and vegetable garnishes such as shallots and lettuces. Kim eng Kopitiam and Laksa Pokok

Janggus are some of the places





You can savour a delicious array of

kuih bahulu (traditional Malay min

During your journey, remember to

delights ranging from eu cha koay

Malay food such as assam laksa.

egg sponge cake), deep fried

available throughout the town.

banana and potato fritters

keep an eye out for the local

FLORA & FAUNA

A beautiful rural landscape awaits you at this idyllic dream destination. Enjoy the serene atmosphere and fresh air as you feast your eyes on the amazing views of animal farms and stables.



Want a fun and authentic farm experience? Come on over to Audi Dream Farm! This family-friendly destination has a chemical-free vegetable garden and a mini petting zoo. Designed for easy xploration, the stone pathways vind around various animals such as goats, horses, camels, geese and rabbits. Besides feeding the animals, you can get upclose and



Saanen Dairy Goat Farm is a family-run farm housing Saanen goats imported from Australia and New Zealand. You can opt to participate in a guided tour for a minimum of 20 people and maximum of 60 people, inclusive of a bottle of goat's milk. Goat's milk is a better alternative to cow's milk as it is high in calcium and fatty acids but low in cholesterol as well as easier to digest.



A galloping good time awaits you at Countryside Stables Penang! Currently home to 35 horses of various breeds, it offers a host of exciting activities ideal for the whole family. Joy rides and guided rides are available to cater to both beginners and experienced riders. You can interact with the horses by petting and feeding them.



Love adventures and the outdoors? Sign up for the Matahari Cycle tours! You can enjoy mountain biking on dirt tracks via the tours - Beautiful Balik Pulau Countryside Tour (maximum of 8 persons), The Twist (maximum of 8 persons) and The Penang Highlands Premier Ride (private outing). Whether rain or shine, you can stay active and experience adrenaline-pumping thrills in every ride! www.cvclematahari.com +6019-448 0440





ARTISTIC & CULTURAL MASTERPIECES



Get your camera ready to capture many unique and timeless works of art! A hub for budding and established artists alike, Balik Pulau is home to a variety of art ranging from traditional handicrafts to street murals. These aesthetically pleasing creations are mostly inspired by Penang's colourful historical and cultural background.

For a glimpse into some of the best handicrafts in town, visit Stepping Stone Work Centre. A part of Asia Community Service's Support Centre for Community Living project, it provides opportunities to people with pottery, along with paper making, batik painting, hand weaving and soap making courses are available. Contact the centre for more information.

Crazy about ceramics? Drop by SILA Studio! An acronym for Senses Ingenuity Love Authenticity. this gallery displays ceramics by the principal artist, Shamsu Mohamad and his friends. The distinctive designs of the accessories, platters, bowls, mural and sculptures will definitely appeal to ceramic collectors and enthusiasts. The studio offers 3 hours of ceramic making as well as one-day and one-month courses.



Discover a world of art like no other at Balik Pulau International Artist Village (Artopia). Founded by Artopia Education Trust, the art village serves as a platform for all artists to express their creativity and showcase their outstanding talent. Featuring an array of works of art and culture, it is the ideal place for artists and art lovers alike.

Produced by:

PENANG FOODIE

Supported by:













TOURIST INFORMATION CENTRE

Monday-Friday 9.00am to 5.00pm

Saturdays 9.00am to 3.00pm

Sundays & Certain Public Holidays

: mypenang.gov.my Facebook: Penang Global Tourism **Instagram**: penang.experience Twitter : PenangXperience LinkedIn : Penang Global Tourism Tiktok : experiencepenang Email : info@penangglobaltourism.com Tel : +604 263 1166

All information is correct at time of print and subject to change without prior notice

* Visitors must adhere to the rules and regulations of the featured sites and exercise

PEOPLE'S CHOICES & RECOMMENDATIONS

TASTY FOOD, GREAT MOOD



1. Balik Pulau Food Court

Jalan Tun Sardon, Kompleks Pasar Awam, Taman Balik Pulau, 11000 Balik Pulau © 8am - 3pm daily

2. 2F+ Coffee Roastery@Balik Pulau

A quaint little café offering coffee and desserts. 164C, Jalan Pondok Upih, MK 6, 11000 Balik Pulau

+6012-421 1714 ① 11am - 7pm (Tue - Sun) Closed on Mon

3. Nan Guang

Serves assam laksa. 67, Main Road, 11000 Balik Pulau +6017-446 4959 ① 10am - 5pm (Thu-Sun)

4. Yeh Lin Seafood Restaurant

Home-cooked and delicious Chinese seafood restaurant with reasonable prices. Jalan Air Putih, 11000 Balik Pulau +6012-569 3103

① 11am - 10pm daily. Closed on Tue

5. Botanica Mansion

A breathtaking restoration of an English plantation house that offers accommodation, a garden wedding venue and a blend of Malaysian cuisines and Western-style dishes. 2a, Jalan Sungai Air Putih, Bandar Baru Air Putih, 11000 Balik Pulau +6019-662 1673

botanicamansion

© 12pm - 10pm daily. Closed on Wed

6. Kim Seng Kopitiam

(Original Khoo laksa) 20, Jalan Sungai Air Putih, Bandar Baru Air Putih, 11000 Balik Pulau +6012-428 6235

① 10am - 4pm. Closed on Mon & Tue

7. Bahulu Balik Pulau

No. 3, Ruang Niaga Perda, Jalan Kuala Sungai Pinang, Taman Nelayan, 11000 Balik Pulau, +6019-481 5948 f Bahulu Balik Pulau

① 9am - 6pm daily. Closed on Sat & Sun

8. Laksa Pokok Janggus

Serves delicious Malay-style laksa as well as other Malay food such as ice kacang, pisang goreng and rojak. Jalan Kampung Perlis, Kampung Perlis, 11020 Balik Pulau

L +604-866 8819

+6012-472 8819 / +6019- 516 3007

© 3.30pm - 8pm daily. Closed on Wed

9. Bukit Genting Hill Leisure Park and

Thai Restaurant A breezy place on a hill to enjoy delicious Thai food with the best view of the Southern side of the island. Jalan Teluk Kumbar, 11000 Bayan Lepas,

+6016-492 8778

① 11am - 3pm & 5pm - 10pm daily

FUN-FILLED ATTRACTIONS



10. Church of the Holy Name of Jesus

Jalan Balik Pulau, 11000 Balik Pulau +604-866 8545

11. Audi Dream Farm

145, MK B, Sg. Rusa, 11010 Balik Pulau +6012-499 9099 / +6012-406 9090 www.audipenang.com O 9am - 7pm daily

12. Ghee Hup Nutmeg Factory

MK 3, 202A, Jalan Tanjung Bungah, Kampung Sungai Pinang, 11000 Balik Pulau +6016-433 6303 ① 9am - 5pm daily

13. Bao Sheng Durian Farm

150, Mk2 Sungai Pinang, 11010 Balik Pulau

+6012-411 0600

www.durian.com.my

① 11am - 3pm (Reservation only) 3pm - 7pm (Visiting hours) *Not durian season, opens for stay only

14. Saanen Dairy Goat Farm

298 MK 1, Sungai Pinang, 11010 Balik Pulau +6019-516 3017

f Saanen Dairy Goat Farm

① 10am - 6pm (Weekends & Public Holidays)

15. SILA Studio Ceramics

Pusat Incubator Kraftangan Balik Pulau, Jalan Sungai Rusa, 11000 Balik Pulau +6018-942 3788 **f** Sila Studio : Senses Ingenuity Love Authenticity

① 9am-5pm (Mon to Fri)

16. Balik Kampung at Balik Pulau Other than bicycle rentals, Balik Kampung is famous for local food and fresh seafood. 278, Jalan Bharu, Kampung Kuala Muda,

11000 Balik Pulau

+6013-323 7777

f Balik Kampung at Balik Pulau

Call for reservations

17. Lean Seng Cooling Face Powder No. 160, Mukim-D, Kuala Jalan Bharu, 11000 Balik Pulau

+6016-428 4896 / +6019-474 4684 / +6019-481 1810

f Perniagaan Bedak Sejuk Lean Seng © 8am - 5pm daily

18. Countryside Stables Penang Lot 10050, Jalan Sungai Burung, Sungai Burung, 11000

+6012-408 0678 / +6012-487 1107

f Countryside Stables Penang

© 2pm - 7pm daily

19. Stepping Stone Work Centre

53 Jalan Baru, Mk I Pulau Betong, 11000 Balik Pulau **L** +604 - 866 5349

www.asiacommunityservice.org O 9am - 5pm (Mon - Fri)

20. Chop Kim Hoa Belacan Factory

No. 390, MK. 7, Pulau Betong, 11020 Balik Pulau +604-866 8245 ① 10am - 5.30pm daily (except on rainy days)

21. Pantai Pasir Panjang

Pulau Betong, 11000 Balik Pulau



GETTING AROUND BALIK PULAU

SJK(C) Sacred Heart

It's best to travel on foot at the town centre and ride a bicycle around the countryside. If you're going towards the north of Jalan Teluk Bahang, make sure you're on a motorised transport as the road is mountainous.

1 Via Terminal Balik Pulau

Jetty to Balik Pulau via LCE (401E) Terminal Balik Pulau to Pulau Betong (403) Terminal Balik Pulau to Pantai Acheh (404) Jetty to Balik Pulau via Paya Terubong (502)

TIMELESS ART FROM THE HEART



Wrinkled Old Silversmith by Ernest Zacharevic GPS 5.352768, 100.236393



by Julia Volchkova GPS 5.351530, 100.235550



Hakka Dancing Girl by Julia Volchkova GPS 5.349685, 100.234036



The Silat Master by Julia Volchkova GPS 5.349484, 100.233740



Rubber Tapping by Julia Volchkova GPS 5.351241, 100.232687

* Map is not drawn to scale and is for illustrative purposes only.