

Despite being a Southeast Asian favourite for centuries, the durian remains as one of the **most beguiling and intriguing fruits** due to its interesting taste and smell. Durian, the 'King of Fruits', is known for its size and thorns. The word 'durian' comes from the Malay word 'duri', which means 'thorn'.

It is the "King of Fruits" for many reasons, one being the obvious ring of spikes encircling its stem, mimicking a crown. Another reason is that the king of the jungle, the tiger is said to be a durian lover. Though rare, Sumatran durian farmers still see tigers wandering into durian orchards during the harvest season.





AUTHENTIC DURIAN DISHES TO SAVOUR



Let your taste buds be tantalised by these kampung classics!



TEMPOYAK Fermented durian, commonly added in curries or stir-fried



LEMPOK DURIAN



PULUT DURIAN / DURIAN STICKY RICE This sticky dessert is a mixture of glutinous rice drenched in coconut milk.



WAJIK A diamond-shaped snack made using glutinous rice and durian flesh, then flavoured with palm sugar, coconut milk and pandan





DURIAN CHIPS Thinly sliced unripe duri deep fried in vegetable oil.



NIRIAN

CHICKEN SOUP

CHARGRILLED DURIAN Barbecuing the entire fr until blackened then open it to find crispy yet crea

UNCONVENTIONAL DURIAN DELICACIES Be sure to try out these amazing fusion treats made

Be sure to try out these amazing fusion treats made from durian flesh!



DURIAN MOONCAKE A rich thick filling of durian paste surrounded by a thin mooncake crust.

DURIAN CAKE A super fluffy and moist cake or a cheesecake base with a creamy durian filling.

DURIAN PUFF Similar to a custard puff, but filled with durian cream instead.

DURIAN CENDOL A shaved ice dessert served with coconut milk, palm sugar, durian flesh, green rice flour jelly and red kidney beans.

DURIAN ICE CREAM Frozen durian flesh, milk and non-dairy whipping cream.

DURIAN SHAVED ICE Durian flavoured shaved ice topped with nuts, syrup, panna cotta or ice cream. **FRIED DURIAN FRITTERS** Prefrozen durians rolled into flour, dipped in batter and fried in hot oil.

DURIAN SWEETS Small pieces of confectionary made with sugar and durian flavouring.

DURIAN PANCAKE Durian pulp encased in a crispy pillow-shaped coconut pancake.

DURIAN CRÈME BRÛLÉE A smooth mixture of evaporated milk, sugar and durian flesh simmered over medium-heat then stirred with egg yolks before chilling in the fridge.

DURIAN MACARONS Luscious durian flesh sandwiched between two delicate macaron shells.

DURIAN PIZZA A combination of cheese and durian pizza toppings.

DURIAN PENGAT A dessert made from sweet potatoes mixed with palm sugar, coconut milk and durian flesh.







DURIAN STALLS & FARMS

DURIAN STALLS

- 818 DURIAN STALL
 7, Jalan Teluk Bahang, 11050 Teluk Bahang, Pulau Pinang.
 +6017-416 9606 (Ah Wei)
 10am to 6pm daily
- B 8321 DURIAN PLANTATION Jalan Teluk Bahang, 11050 Teluk Bahang, Pulau Pinang.
- \$\$ +6016-434 4263 (Mr Eric)
 10am to 7pm daily
 (during durian season only)
- BUNGA RAYA DURIAN STALL 28, Jalan Teluk Kumbar, 11920 Bayan Lepas, Pulau Pinang.
 +6019-471 7931 (Max)
 9 am to 10pm daily (during durian season only)
- POH BENG DURIAN STALL 17, Medan Mahsuri 1,
- Bandar Sunway Tunas, 11900 Bayan Lepas, Pulau Pinang. +6017-575 5591 (Mr Chang) +6018-395 1886 (Kok Chin) 11am to 7pm daily (during durian season only)
- **DURIAN KAKI** Jalan Paya Terubong, 11900
- Bayan Lepas, Pulau Pinang. (9) +6012-423 5520 (Ms Selina)
- I1am to 7pm daily (during durian season only)
 LENG DURIAN STALL
- 121 Jalan Anson, 10400
 George Town, Pulau Pinang.
 +6019-412 1616 (Mr Ang)
 11am to 9pm daily (opens daily during durian season, during off durian season kindly call before
- visit as durians are limited)

 PENANG AH TEIK
 DURIAN STALL
- 1 Lorong Susu, 10400 George Town, Pulau Pinang. +6012-438 3881 (Mr. Teik) +6016-415 8579 (Mr. Aun) 10am to 10.30pm daily

- H DURIAN CENTRAL @ MACALISTER ROAD DURIAN STALL
- 63 Jalan Macalister, 10400 George Town, Pulau Pinang. () +6010-900 1288 (Mr Tan)
- +6019-573 3783
- **81 DURIAN** Opposite New World Park, Jalan Burma, 10050 Georg
- Jalan Burma, 10050 George Town, Pulau Pinang. 🚳 +6012-551 7381 (Mr Wong)
- +6012-551 7381 (Mr Wong)
 +6012-588 7381 (Mrs Wong)
 11am to 7nm daily
- 11am to 7pm daily (during durian season only)
- AH TEIK ZAI DURIAN STALL 100 A/B, 100 Jalan Burma, 10050 George Town, Pulau Pinang.
 +6012-987 5200 (Mr Teik)
- 10am to 10pm daily
 AH HOE DURIAN STALL
- 353, Lebuh Chulia, 10200 George Town, Pulau Pinang () +6012-424 5993 (Mr Chang)
- 11am to 5pm daily (during durian season only)
- YEOH TROPICAL FRUITS WHOLESALE Lintang Kurau 7, Taman Chai Leng, 13700 Prai, Pulau Pinang.
- +6016-418 7148 / +6019-445 7805 (Mr Yeoh)
 11am to 7pm daily
- AH HOCK DURIAN Jalan Tenggiri, 13700 Seberang Jaya, Pulau Pinang. () +6012-446 0005
- 11am to 8pm daily (during durian season only)
 DURIAN PAKTAM LIMA KONGSI
- Kampung Lima Kongsi, Sungai Bakap, 14200 Seberang Perai Selatan, Pulau Pinang. +6011-1299 5677 (Puan Fatin) 9 am - 10pm daily (during durian season only)

- KARUNA HILL
 849, Bukit Kechil Mukim 2, 11010
 Balik Pulau, Pulau Pinang
 +6016-441 4488
 +6016-441 0808
- **2** URIAN RUMAH BATU (STONE HOUSE PLANTATION) 127 Mk 2, Sg.Pinang, 11010 Balik Pulau, Pulau Pinang
- +6012-538 5128
 GREENDALE ORCHARD Lot 897, Mk 2, Sg. Pinang 11010 Balik Pulau, Pulau Pinang
 +6012-430 6732 +6017-453 0453
- +6017-453 0453 +6012-555 5750 WONG DURIAN HOUSE 401 Mk A, Sg.Pinang, 11010 Balil
- Pulau, Pulau Pinang () +6010-667 6755 5 KHUN POH 1818
- DURIAN HILL 125 Mk 2, Sg.Pinang, 11010 Balik Pulau, Pulau Pinang () +6019-223 4326
- BAO SHENG DURIAN FARM
 150 Mk 2, Sungai Pinang,
 11010 Balik Pulau, Pulau Pinang.
 +6012-411 0600
- **GREEN ACRES ORCHARD** AND ECOLODGE Batu Itam, Balik Pulau, Pulau Disage
- Pulau Pinang. Mgreenacrespenang@gmail.com **8 POH BENG ESTATE**
- 71-E, Desa Pinang, Sg. Pinang 11010 Balik Pulau,Pulau Pinang. () +6017-575 5591 +6018-395 1886

- DURIAN FARMS, ESTATES & RESORTS

 IILL
 IILL
 - 300 Titi Kerawang Mk 2, 11010 Balik Pulau, Pulau Pinang. 🚱 +6012-621 8861
 - LIM BROTHERS ORCHARD
 51, Mk 5, Titi Serong,
 11000 Balik Pulau, Pulau Pinang.
 +604-866 8551
 - CHANG HUAT CHOON DURIAN NURSERY 207, Mk 6, Jalan Tun Sardon, 11000

 - NATURE FRUIT FARM RESORT
 311, Mk 7, Kampung Genting, 11000
 Balik Pulau, Pulau Pinang.
 +6011-5675 9128
 - CHONG WOOI HER DURIAN FARM 700 Mk 8, Gertak Sanggul, Teluk Kumbar 11910 Pulau Pinang. +6019-511 3749
 - ONG CHIN CHYE
 Suling Hill. Kubang Semang, 14400
 Bukit Mertajam, Pulau Pinang.
 +6019-566 7477
 - DURIAN FARM WONG
 1421 Lorong Kesumba 6, Taman Kesumba, 14200 Sungai Bakap, Pulau Pinang.
 +6012-571 5719
 - LEE KEAN LIANG
 Lot 854, Mukim 4, Sg. Baong, SPS,
 Pulau Pinang.
 +6012-493 2785
 - NENEK DURIAN FARM
 Jalan Suling, 14000 Bukit Mertajam,
 Pulau Pinang.
 +6012-418 0840



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NUTRITIONAL BENEFITS

The nutritional benefits of durian that might surprise you



of dried paprika

DURIAN VARIETIES AND TASTE

If you think there's only one type of durian, think again. There are more than 30 species of durians and this fruit is often considered controversial because its aroma has a very divisive effect on people. The shape, taste and colour of durian flesh may differ according to its environment, tree age, condition after falling and other known and unknown variables. **YI DIAN HONG** LIN FENG JIAO **MUSANG KING (D197)** GREEN SKIN 15 (D165) KUNYIT **TEKKA (D160)** Buluh Bawah, Tikar



Unapactable and optimal of ductant floats may all for according to its invironment, here age, condition after failing ond other known and unknown variable

- Shape: OblongSeed Size: Medium
- Texture: Creamy, StickyTaste: Sweet

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• Seed Size: Medium

rekka

- Flesh Colour: Orangey Yellow
- Texture: Fiberless, Creamy
 Taste: Sweet, Slightly Bitter



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KHOON POH (D164)

Durian Tembaga, Ang Bak Kun Poh, Isi Merah

• Taste: Sweet, Slightly Bitter



CHOOSING THE RIGHT DURIAN Do You Know How to Pick a Durian?





Hold the durian carefully, with gloves if needed.



Look for any signs of holes, no

burrowing inside.

holes means there are no bugs

Wiggle the stem, if it feel loose, then it's almost ripe, if it breaks off easily, it's ripe and ready!

You should get a faint sweet smell. A strong aroma means it's o<mark>ver</mark>ripe and if there's no smell, it's unripe. Be careful not to prick your nose when smelling it!

DURIAN'S CULTURAL INFLUENCES

Whether you believe it or not, here are the top 8 myths – and facts – about the King of Fruits.

Back in the day, durian sellers would open as many durians as eeded until customers were fully satisfied in order to seal the deal.

- According to Chinese beliefs, durians are "heaty". You can balance your Chi by eating mangosteens, which are cooling or drink water out of an empty durian shell.
- Did you know? The fruit has killed people in the past and still does every year! So, mind your head when venturing into a durian orchard on your own.
- 📒 According to traditional Malay 🛛 medicine, durian leaves and its roots can be used to bring down a fever.
- Locals believe that if a durian falls and lands on any part of your body, it means you're a wicked person or just really unlucky.
- Be mindful of what you say when you're roaming durian farms, folklore has it that because the fruit has eyes it can see where it's falling.
- Eating durians during a pregnancy may cause your infant to develop acne.
- A popular urban myth is to wash your hands under running water with a durian husk to remove any lingering odour.





ICE CREAM

- Shape: Oblong
- Seed Size: MediumFlesh Colour: Pale Yellow
- Texture: Creamy, Sticky
- Taste: Sweet

Tangkai Panjang, Kan Yao,

S. A. In S. Davie

Shape: RoundSeed Size: Big • Flesh Colour: Yellow Texture: Dry, StickyTaste: Sweet

LITTLE RED Xiao Hong

- Shape: Oval
 Seed Size: Big
 Flesh Colour: Orangey Yellow/Reddish
- Taste: Sweet, Slightly Bitte

RED PRAWN (D175) Ang Hae, Hong Xia, Udang Merah

- Shape: Round/Oblong
 Seed Size: Small
 Flesh Colour: Orangey Yellow/Reddish
 Texture: Sticky, Creamy, Soft
 Taste: Sweet, Slightly Bitter

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Ganjau



