

Durian Varieties and Taste

If you think there's only one type of durian, think again. There are more than 30 species of durian and this fruit is often considered controversial because its aroma has a very divisive effect on people. The shape, taste and colour of durian flesh may differ according to its environment, tree age, condition after falling and other known and unknown variables.

Choosing the Right Durian

Do You Know How to Pick a Durian?



Hold the durian carefully, with gloves if needed.



Look for any signs of holes, no holes means there are no bugs burrowing inside.



Wiggle the stem, if it feels loose, then it's almost ripe, if it breaks off easily, it's ripe and ready!



You should get a faint sweet smell. A strong aroma means it's overripe and if there's no smell, it's unripe. Be careful not to prick your nose when smelling it!



Durian's Cultural Influences

Whether you believe it or not, here are the top 8 myths – and facts – about the King of Fruits.



1 Back in the day, durian sellers would open as many durians as needed until customers were fully satisfied in order to seal the deal.



2 According to Chinese beliefs, durians are "heavy". You can balance your Chi by eating mangosteens, which are cooling or drink water out of an empty durian shell.



3 Did you know? The fruit has killed people in the past and still does every year! So, mind your head when venturing into a durian orchard on your own.



4 According to traditional Malay medicine, durian leaves and its roots can be used to bring down a fever.

5 Locals believe that if a durian falls and lands on any part of your body, it means you're a wicked person or just really unlucky.

6 Be mindful of what you say when you're roaming durian farms, folklore has it that because the fruit has eyes it can see where it's falling.

7 Eating durians during a pregnancy may cause your infant to develop acne.

8 A popular urban myth is to wash your hands under running water with a durian husk to remove any lingering odour.

DATO NINA (D2)

- Shape: Oblong
- Seed Size: Small
- Flesh Colour: Orangey Yellow/Reddish
- Texture: Fiberless, Creamy
- Taste: Sweet, Slightly Bitter

LIPAN BARA

Yah Kang Ang Bak

- Shape: Oblong
- Seed Size: Big
- Flesh Colour: Orangey Yellow
- Texture: Creamy, Sticky
- Taste: Sweet

GOLD FISH

Kim Hu, Ikan Emas

- Shape: Round
- Seed Size: Medium
- Flesh Colour: Yellow
- Texture: Dry, Sticky
- Taste: Sweet, Slightly Bitter

GANJA

Tangkal Panjang, Kan Yao, Ganjau

- Shape: Round
- Seed Size: Big
- Flesh Colour: Yellow
- Texture: Dry, Sticky
- Taste: Sweet

LITTLE RED

Xiao Hong

- Shape: Oval
- Seed Size: Big
- Flesh Colour: Orangey Yellow/Reddish
- Taste: Sweet, Slightly Bitter

HOR LOR (D163)

Water Gourd, Labu, Hulu

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Yellow
- Texture: Creamy, Sticky
- Taste: Sweet, Slightly Bitter

GREEN SKIN 15 (D165)

Chaer Phoy, Cheh Chee, Kulit Hijau

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Yellow
- Texture: Dry, Sticky
- Taste: Sweet, Slightly Bitter

KHOON POH (D164)

Durian Tembaga, Ang Bak, Kun Poh, Isi Merah

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Orangey Yellow
- Texture: Fiberless, Creamy
- Taste: Sweet, Slightly Bitter

RED PRAWN (D175)

Ang Hae, Hong Xia, Udang Merah

- Shape: Round/Oblong
- Seed Size: Small
- Flesh Colour: Orangey Yellow/Reddish
- Texture: Sticky, Creamy, Soft
- Taste: Sweet, Slightly Bitter

MUSANG KING (D197)

Raja Kunyit, Mao Shan Wang, Cat Mountain King

- Shape: Oblong
- Seed Size: Small
- Flesh Colour: Orangey Yellow
- Texture: Creamy
- Taste: Sweet, Slightly Bitter

KUNYIT

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Pale Yellow
- Texture: Creamy, Sticky
- Taste: Sweet

ORCHEE (D200)

Black Thorn, Duri Hitam, Hei Ci

- Shape: Round
- Seed Size: Medium
- Flesh Colour: Orangey Yellow
- Texture: Sticky, Creamy, Soft
- Taste: Sweet, Slightly Bitter, Alcoholic

LIPAN (D101)

Yah Kang

- Shape: Oblong
- Seed Size: Small
- Flesh Colour: Pale Yellow
- Texture: Creamy, Sticky
- Taste: Sweet, Slightly Bitter

CAPRI

Kapri

- Shape: Round
- Seed Size: Medium
- Flesh Colour: Pale Yellow
- Texture: Sticky, Firm
- Taste: Sweet, Slightly Bitter, Alcoholic

LIN FENG JIAO

Jackie Chan's Wife

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Yellow
- Texture: Sticky
- Taste: Sweet, Slightly Bitter

D600 (D198)

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Yellow/Orangey Yellow
- Texture: Creamy, Sticky
- Taste: Sweet

ANG BAK KIA

- Shape: Round
- Seed Size: Medium
- Flesh Colour: Orangey Yellow/Reddish
- Texture: Creamy, Sticky
- Taste: Sweet, Slightly Bitter

SUSU

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Pale Yellow
- Texture: Creamy, Sticky
- Taste: Sweet, Slightly Bitter

MUNTRI (D14)

- Shape: Round
- Seed Size: Big
- Flesh Colour: Orangey Yellow
- Texture: Sticky
- Taste: Sweet

YI DIAN HONG

- Shape: Oblong
- Seed Size: Big
- Flesh Colour: Orangey Yellow
- Texture: Sticky
- Taste: Sweet

ICE CREAM

Ais Krim

- Shape: Oblong
- Seed Size: Medium
- Flesh Colour: Pale Yellow
- Texture: Creamy, Sticky
- Taste: Sweet

